

LIABILITY & RISK RELEASE – Adult Athletes:

For the purposes of this Release & Waiver, "participating" in means involvement, going to, coming from, before after or during the activities of the Calgary Spartans Track Club.

I release each of the sponsoring parties from all liability and waive as against all of the sponsoring parties all recourses, causes of action or claims of any kind for loss or damages including any consequential damage or loss and I voluntarily accept the legal risk, thereby expressly giving up any right of action and the physical risk arising from all liability whether such liability arises in contract, by reason of negligence or by reason of breach of duty raised by statute or in any other matter whatsoever.

I understand that none of the sponsoring parties assume any responsibility or liability whatsoever for my safety while I am participating in any of the activities or using any of the facilities in any way.

I have carefully read this Release & Waiver, that I understand it and that I am freely and voluntarily executing it.

By agreeing to this Release & Waiver, I will be forever precluded from suing or otherwise claiming against any of the sponsoring parties for any loss or damage or injury or death I may sustain while participating in any of the activities or using any of the facilities whether or not such loss or injury is caused by the negligence, or fault of any of the sponsoring parties.

This Release and Waiver is binding on myself, my heirs, executors, administrators, personal representatives and assigns.

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Witness	Signature of Athlete
Print Name of Witness	Print Name of Athlete
Contact e-mail	Contact Phone Number
Name of Emergency Contact	Emergency Contact Phone Number
Signed_// Day Month Year	