



Spartan's Meet Memo

We are off to another indoor track meet in Edmonton!

We are **leaving** for the track meet Friday March 3, 2017 at 1:00pm from the [Holiday Inn located](#) on 16th Ave. and 19th St. NE. You should be at the Holiday Inn no later than 12:50pm.

We will be staying Friday evening and Saturday at the [Holiday Inn Express Edmonton South](#) located at 2440 Calgary Trail NW. Phone number is 780-440-5000.

We are travelling by van. The athlete contribution for athletes is **\$190.00** payable @ departure from Holiday Inn in Calgary. Breakfast is included in the room costs in the mornings.

We will be leaving Sunday from Edmonton @ about 4:00pm and should arrive back at Holiday Inn around 7:00pm. Athletes should remember to call home before we leave just to make sure that our estimated time of arrival is still the same!

Quote of the day:

"Winning is nice, but you savor that victory for an evening and it's gone. Competing well is just not to be equated with winning."

- Bill Bowerman, running coach

Thanks:
Dale Schoenthaler
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