

Volunteer Commitments and Athlete Obligations

As an athlete of the Calgary Spartans Track and Field Club, I understand and accept the following volunteer commitments and athlete obligations.

Volunteer Commitment:

- 1. All Members must pay a Volunteer Commitment Deposit (VCD) as a guarantee they will fulfill their volunteer obligations. (Maximum one VCD per family.) The deposit amount is \$300 (full-year program) and \$100 (summer program). The deposit is carried forward from year to year as long as the athlete fulfills their yearly volunteer commitment and is refundable upon formal withdrawal. If the commitment is not fulfilled on a yearly basis, the deposit is forfeited and a new VCD is charged upon registration.
- 2. All members of the club must work a minimum of three volunteer shifts per year (approximately 4 hours per shift no experience required.
- 3. Of the volunteer shifts, the Club requires a mandatory minimum of one casino approximately every 18 months and two bingos per year. This is to assist with fundraising which is required to ensure the success of the club and program. A schedule is available on the website and the Bingo Coordinator will provide the link to sign-up. Casino and bingo shifts result in gaming funds being transferred to the Athlete's account.
- 4. Other volunteer opportunities include serving as an official or volunteer at local track meets, board membership, as chaperone at out-of-town meets, photography, coordinate an event such as the summer camp, athlete workshop, a summer BBQ for athletes, etc. The Volunteer Coordinator will ask for help when needed.

Athlete Obligations:

- 1. All athletes are subject to athletes' contribution for meet entries and travel.
- 2. All athletes entered in an out-of-town meet must pay a contribution of \$25/meet to cover coach travel and accommodations.