



## Volunteering Policy

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Running a club and holding successful track and field meets for young athletes requires an active group of volunteers. In addition, fundraising is an integral requirement to pay for programs and equipment.

### **Volunteer Commitment Deposit:**

Each member must pay a Volunteer Commitment Deposit (VCD). If volunteer commitments are fulfilled, the VCD will be refunded upon withdrawal from the club. If commitments are not fulfilled by the end of August of the training year, the amount is forfeited each year, and another VCD is charged in October.

### **Commitment:**

To support programs, the Spartans require each member or their parent to volunteer the equivalent of the following:

**Full year Memberships** – VCD of \$300 per training family. The commitment consists of a minimum of three shifts over the course of the training year (September to August). Of these three shifts, a minimum of two shifts must be bingo and/or casino shifts.

**Summer Monthly Memberships** – VCD of \$150 per training family. The commitment consists of a minimum of two shifts over the course of the summer season (April to August). Of these two shifts, a minimum of one shift must be a bingo and/or casino shift.

Shift duration – one shift = 4 to 5 hours, two shifts is 5+ hours.

(Completion of bingo and casino shifts will result in gaming funds being transferred to the Athlete's account. See [Bingo Policy](#) for amount of bingo funds; casino funds determined when casino is scheduled.)

### **Volunteer opportunities:**

Volunteering may include one or more of the following:

1. Assist at track meets (approximately 4 to 5 hours per shift – no experience required). Help is needed both in the indoor season (December to January) and in the outdoor season (May to July). The Volunteer Coordinator will ask for help when needed.
2. Fundraising events – bingos occur on average once a month, and casinos approximately every 18 months. These funds are critical to the Spartans success as they cover expenses including administration, facility fees, weight room rentals, coach honorariums, equipment including hurdles, starting blocks, and exercise balls. Volunteering at a Bingo counts as one shift, and a casino counts as two shifts. The Bingo Coordinator will advise of dates and shifts; members are required to sign up through the Sign-up Genius link.

3. Board of Directors – The Volunteer Coordinator will request volunteers when positions are available.
4. Assist with media – volunteers may assist with taking photos at track meets, posting on social media or writing for the website
5. Volunteer as a chaperone for an out of town meet or track camp
6. Coordinate an event such as the Summer Camp, Athlete Workshops or a summer BBQ for athletes
7. Assist with other tasks such as help with team clothing, tent set up and take down for meets, etc.

To ensure your volunteer shift is counted or for any questions regarding volunteering, email [volunteer@calgaryspartans.com](mailto:volunteer@calgaryspartans.com) when you have completed your shift.

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Approved March 3, 2020