



## Leduc Track Classic

**May 31, June 1 & 2, 2024**

Hosted by Leduc Track & Field Club

Website: <https://leductrackclub.wixsite.com>

John Bole Athletic Park, Leduc, Alberta

Sanctioned by Athletics Alberta

### **AGE CATEGORIES**

U10, U12, U14, U16, U18, Open

### **ENTRIES, FEES, DEADLINES**

Meet Director: Jennifer Zawaski-Dellezay | 780-340-8267

Assistant Director: Candace Fairclough -Jones

General Inquiries: [info@leductrack.com](mailto:info@leductrack.com)

**Entries:** No Limit

**Entry Deadline:** May 25th, 2024 @ 11:59 p.m.

**Late Entries:** May 28<sup>th</sup>, 2024 will be an additional \$10.00/event on Trackie

**Scratch Deadline:** May 28th, 2024 @ 11:59 p.m.

Scratches, changes and updated seed performances must be submitted by May 28th, 2024

**Please note that there will be no refund for entries scratched after this deadline.**

### **ENTRY FEES**

U10/U12/U14: \$35.00/Combined Event

U14: \$20.00/Exhibition Event

U16/U18/Open: \$25.00/Event

Athlete Registration \$5/Athlete If the all or part of the track meet is unable to be completed due to extreme circumstances (air quality, weather, public health concerns), events that are not completed will be refunded. \$5 Athlete

**Registration fee is non-refundable.**

Entries must be submitted using Trackie.com

## General Rules

1. Marshalling takes place at the 100m start line. Athletes must check in at the 30 minutes prior to their event for track events. Athletes must marshal in for track events at the start line for their event 15 minutes prior to event. Athletes in field events must check in and marshal in at the event 20 minutes prior to scheduled start time.
2. The competition numbers must be worn on back for events run entirely in lanes (60m to 400m). Athletes in horizontal jump events must wear number on front; for other field events, athletes may wear numbers either on front or on back. Please ensure that singlets/uniforms are tucked in so that hip numbers are visible. This ensures photo timing can be done effectively and properly.
3. For U10, U12, U14 athletes, competition numbers must be worn on the front for all events.
4. Hip numbers (distance and relay events) must be clearly visible on the athletes' right side hip.
5. All seed times must be accurate all non-verified seed times will be given a NT (no time), repeat violations will translate into penalties against coach and club. Athletics Alberta "Rules of Illegitimate Seed Times" will be followed. (Please see [www.athleticsalberta.com/hosting-and-sanctioning](http://www.athleticsalberta.com/hosting-and-sanctioning). If coaches submit an erroneous seed performance or a one that cannot be verified, the athlete will instead have an "NT" (or equivalent for field event).
6. Throwing implements will be provided. No personal implements will be permitted unless by approval of officials at the event.
7. Spikes are to be no longer than 7mm in length. Only smooth "Christmas tree" or pyramid type spikes will be allowed. No pin, needle, or other elements will be permitted. This will be enforced and athletes will be required to remove any non-conforming spikes.
8. Scratches during the competition are to be submitted at the registration area, near the 100 M start line.
9. Athletes competing in events with preliminaries who qualify for finals and fail to show will be scratched from the remainder of the meet. Athletes not intending to compete in finals may run preliminaries as exhibition athletes if they inform the results/ registration area before they compete in the preliminaries.
10. Results will be posted during the meet and will be available on the [www.ellistiming.ca](http://www.ellistiming.ca) website.
11. Restricted access to field for Coaches, athletes (with their numbers), officials, and volunteers only. Spectators are not to be present on the infield anywhere.

### Registration Packages

Registration Packages will be available 1 hour before start time on Saturday, June 1<sup>st</sup> and Sunday June 2<sup>nd</sup> at the Registration/Awards Desk in front of the Kinsmen Building

### Awards:

For all U10-U14 combined events, medals will be given out to the combined event First, Second and Third place for each day. Ribbons for each event for First to tenth place finishers.

For U16 and older medals will be given to First, Second and Third Place finishers in each event.

### Modifications for U10, U12, U14 Events

#### **Ball Throw:**

- Competitors will take Three (3) throws one after the other. Each throw will be marked but only the longest throw will be measured.

#### **Long Jump:**

- U10 & U12- Will have take off area consisting of 1m zone. The jump will be measured from the athlete's take off point.
- U14 and up- regular take of board

#### **High Jump:**

- U14 and up- Starting height 90cm. Increments of 5cm until three athletes remain and then 3cm increments.

### U10, U12, U14 Event Offerings

Championship events for the above age groups will be scored as combined events using scorings tables

<u>AGE GROUP</u>	<u>SATURDAY EVENTS</u>	<u>SUNDAY EVENTS</u>
<u>U10</u>	60m 600m Ball Throw Long Jump	150m 300m Ball Throw Standing Long Jump
<u>U12</u>	60m 600m Shot Put Long Jump	150m 300m Shot Put Standing Long Jump
<u>U14</u>	80m 800m Discus High Jump	150m 1200m Shot Put Long Jump

## EVENTS OFFERED

FEMALE					MALE					
U10	U12	U14	U16	U18/OPEN	EVENT	U10	U12	U14	U16	U18/Open
C	C				60m	C	C			
		C			80m			C		
			X	X	100m				X	X
C	C	C			150m	C	C	C		
			X	X	200m				X	X
C			X		300m	C			X	
				X	400m					X
C	C				600m	C	C			
		X	X	X	800m			X	X	X
	C				1000m		C			
		C	X		1200m			C	X	
				X	1500m					X
			X		2000m				X	
				X	3000m					X
		X	X	X	Sprint Hurdles			X	X	X
		X			200m Hurdles			X		
			X		300m Hurdles				X	
				X	400m Hurdles					X
			X		800m RW				X	
				X	1500m RW					X
		X	X	X	High Jump			X	X	X
		C	X	X	Long Jump			C	X	X
C	C	C	X	X	Shot Put	C	C	C	X	X
C	C				Ball Throw	C	C			
C	C				S. Long Jump	C	C			
		C	X	X(U18)	Discus			C	X	X(U18)
			X	X	Javelin				X	X
X	X	X	X	X	4x100m Relay	X	X	X	X	X
X	X	X	X	X	4X800m Relay	X	X	X	X	X
			X	X	Medley				X	X

MEDLEY RELAYS: U10: 100m/50m/50m/200m | U12/U14: 200m/1100m/100m/400m U16+ 400m/200m/200m/800m